

Showing kindness

Use a white queen or king size sheet.

Write at the top of the sheet, across the longest width of the rectangle:

Show kindness - share your

Then underneth draw or paint large letters going across the sheet, the approx height of a child, the letters, **s m** le. for the word smile.

Leave out the letter i, but create a space between the m and I

Show kindness - share your





Hang the sheet up along a wall or fence so the bottom of the sheet touches the ground. Ask the children to paint smiley faces and their painted hand prints around the letters, s m l e.

Next take a photo of each child standing in between the letters m and l.

Put their personalised 'show kindness with a smile' photos up on display.

"When you smile at someone, your smile says to them, Hello! Kia ora! Welcome new friend!"

Body Language with Music

Talk about body language and what it is. See pages 30 and 31 for helpful discussion.

Ask the children to show you some examples of body language poses – happy, sad, surprised, thinking, frustrated, scared, angry, saying hello, excited, shy, tired etc.

Play Musical Statues, with a twist. Before you start the music tell the children which body language pose they are to freeze in when the music stops. Example "Surprised!"

Start the music to indicate the children are to move and dance around.

When the music stops all the children should freeze in the given body language pose – "Surprised!" If a child is still moving or they didn't freeze in a body language pose showing "Surprised!" they sit down. Choose a new body language pose for the remaining children still standing for them to freeze into next time the music stops.

Continue playing and changing the 'body language freezing poses' until the last person is standing.

Community

Kindness, connection and belonging in your community.

Help children to bake biscuits and wrap 2-3 biscuits in cellophane parcels tying the top with string. Assist the children to copy write a "Hello" greeting onto pieces of card.

Try using hello greetings in other languages too. See pages 28 and 29 for more Hello greetings.

Tie the card to the top of each biscuit parcel.

Deliver your gift of biscuits and greeting cards to the homes of people or businesses that are your neighbors near your home or Early Childhood Centre. Remember to smile ©

Craft

Talk about how every child is special and unique – their eyes, nose, hair, shape of face, body, skin colouring, and even their thumb prints! No-one is exactly the same as someone else.

Create a unique Martian from outer space.

Suggested materials: Coloured paper, glue, scissors, coloured pens, buttons, bottle tops, bits of material, egg cartons, wool, pipe cleaners, ribbons, cellophane, textured sponge.

Will your Martian have 1 eye or 6 eyes?

Will it have fur like an animal or smooth skin like you or bumpy skin?

Will your Martian have hair, freckles or bushy eyebrows?

Will your Martian be spotty or stripped or the colour of the rainbow?

What language will your Martian speak? How will it say, "Hello?"

Making Martians with Salt Dough

Salt Dough Recipe

1cup salt

2 cups of flour

34 cup of water

Instructions:

- 1. In a large bowl mix salt and flour together.
- 2. Gradually stir in water. Mix well until it forms a doughy consistency.
- 3. Turn the dough onto the bench and kneed with your hands until smooth and combined.
- 4. Make your Martian creations using the salt dough.
- 5. Place the salt dough Martians into the oven at 180C. The amount of time needed to bake depends on the size and thickness of the salt dough creations.

Store your salt dough in an air tight container as it keeps well for a few days.

You can paint your creations with acrylic paints and seal with varnish or polyurethane spray.

Salt dough can also be aired dried and is an alternative to oven drying.

Connection with Languages

Learn together to say "Hello" in other languages. Read "Hello! Kia ora! Welcome new friend" in a new Hello greeting and ask the children to join in at the refrain:

"When you smile at someone, your smile says to them, Hello! Talofa! Welcome new friend!"

Aboriginal Language "Hello" greetings:

Wominjeka – means *Hello/Welcome* in the language of the indigenous Wurundjeri people of the Kulin Nation, Melbourne, Australia.

Yumalundi – means *Hello* in the Ngunnawal language. The indigenous Ngunnawal people are from the Canberra region of Australia.

Gurumba bigi – pronounced *Goo-roo-mba big-i* which means *G'day* in Yugara – one of the Aboriginal languages spoken in the Greater Brisbane area of Australia.

Budyeri kamaru – means *Hello* in the Gadigal language, which is the language of the indigenous people of Sydney. Reference: https://rorkprojects.com.au/

Punjabi "Hello" greeting:

Sat Shri Akaal – pronounced 'Sas-ree-kal'

Niuean "Hello" greeting:

Fakaalofa atu – means Hello/Hi there/Greetings in Niue

Polish "Hello" greeting:

Witam – pronounced Vee-tam.

See pages 28 and 29 for more Hello greetings.

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